



EXCHANGE FILES



Volume XXXXXII IIIA

Official Newsletter of the Exchange Club of Killeen SEPT 2014

The Exchange Club of Killeen normally meets each Monday at 12 noon at Yang Sing Restaurant, CTE, Killeen

Editor Maureen Jean Jouett

From our President

Fellow Exchangites,

As we head into the Fall with it's weather & time changes, I hope that we are gearing up for what I loving call "the season of remembrance". It is at this time of year when the children return to school and we adults are planning for the holiday season that we tend to remember. We remember our own school days and how carefree they seemed to be. We remember those people who were so important to us growing up. We remember the Halloweens, Thanksgivings, and Christmas times filled with joy and laughter as we spent time with our friends and family.

I also have new memories that are growing each day! As I am out and about in our community, I am constantly blessed with the warm expressions I receive each time I mention being a member of Exchange. I am amazed at the positive impact our club has had on so many people and organizations in our community through the years. All members of our club should be proud of that impact.

We will have some wonderful guest speakers during the remainder of September and October. I hope you enjoy them and if there is anyone or any area that you would like me to

1964 to 2014 Boys & Girls Club 50th Anniversary

The Boys and Girls Club of Central Texas celebrated its 50th Anniversary this month. We have been a partner with them since 1992 as they received half of every dollar we raise through our bingo program.

According to their posting on Facebook: "They are ensuring successful transition to middle and high school, and fostering college or other career readiness through daily programs afterschool that teach skills and leadership. Here are 16 clubs in Middle Schools and High schools in the Central Texas area and numerous youth in our are have been provided college scholarships.

Engaging youth in taking action in their community and world, promoting resilience, building character strength, and developing the next generation of America's leaders. The Boys & Girls Clubs of Central Texas through programs like Torch Club, Keystone Clubs continue to create leadership opportunities for youth. Giving back to our local communities allow kids the opportunity to feel productive and build character skills for a like time.



**BOYS & GIRLS CLUBS
OF AMERICA**

Motivating kids to be healthy through nutrition and health education, more access to healthy foods, avoidance of risky behaviors and a lifelong commitment to fitness. The Boys and Girls Club of Central Texas make sure kids are learning how to eat healthy through programs like Healthy Habits and stay fit and strong through programs like Get Fit Be Strong. Every day in all 28 club sites, programs promote healthy lifestyles. Check with a club near you."



Dates To Remember.....

SEPTEMBER IS SHAKEN BABY SYNDROME & CHILD SAFETY AWARENESS

Child Safety Month

◆ *Calendar of Events*

SEPTEMBER 2014 (NATIONAL CHILD SAFETY MONTH)
 3rd **LABOR DAY NO MEETING**
 8th—Gear Up Program - Angenet Wilkerson
 15th—AT&T Wireless & BOD
 22nd—Shine Team Realtors
 29th—CTC—CTC Ft Hood Dean, Dr. Tina Ady

Shaken Baby Syndrome & Child Safety Awareness Month
NEVER SHAKE A BABY!

We have requested proclamations from Bell County and from the cities of Harker Heights and Killeen proclaiming September as Shaken Baby Syndrome and Child Safety Awareness month.

Head trauma is the leading cause of disability and death among abused infants and children, and;

Violent shaking is involved in many cases of abusive head trauma,.

Data suggests that one-third of the American public does not know that it is dangerous to shake a baby or young child,.

Comprehensive efforts are needed to educate all people never to shake a baby or a child for any reason.

As active members of the Central Texas business/school community, we must realize that each of us has the ability to make a great impact on the children of the area,.

We are dedicated to this cause and have a continuing program of awareness and child abuse prevention;

Who's In Charge?



**OFFICERS
 DIRECTORS
 and Committee Chairs
 2014-2015**

President.....Charlie Guidry
 President-Elect.....Peggy Murphy
 Secretary.....Christa Hudson
 Treasurer.....Maureen Jouett
 VP/Bingo.....Don Sutton
 Scrapbook.....Barbara West
 Photographer.....Lan Carter
 Web Master..... Larry Holly
 Imm. Past President..... Larry Holly

Committees:
 Americanism.....Mark Hyde
 Child Abuse Prevention ...Nancy LeChuga
 Community SvcKathy Jones
 Fellowship/Inter-Club/Public Relations/Bulletin.....Kathy Jones
 Membership.....Kenny Murray
 Youth.....Angenet Wilkerson

Directors:
 Diane Guidry, Nancy LeChuga, Kathy Clark Jones, Kenny Murray, Ursula Rushing, and Barbara West

From our President

obtain as a speaker, please just let me know. As I recently enjoyed the 50th Anniversary of the Clements Boys & Girls Club of Killeen gala, I was taken back to just one of those wonderful memories that I mentioned earlier. As a child from a home that was not always stable, I became a member of the Boys Club of Killeen when I was 8 years old. I learned so much from my "second family" about love and acceptance that I can never repay. I can, and have always tried to, pay that love and acceptance forward. Exchange is a bright and shining example of an organization that makes it possible for me to do just that. I hope for all of you much love, acceptance, and the joy that comes from PAYING IT FORWARD!!!!

